



CITY OF ALBANY
DEPARTMENT OF RECREATION
7 HOFFMAN AVE
ALBANY, NEW YORK 12209
TELEPHONE (518) 434-5699
WWW.ALBANYNY.GOV

JONATHAN JONES
COMMISSIONER

KATHY SHEEHAN
MAYOR

August 29, 2024

Bakary Jannah, Commissioner
Albany County Parks & Recreation
390 New Salem Rd.
Voorheesville, NY 12186

Re: Albany County Municipal Park Improvement Initiative Grant Opportunity – Hackett

I. and II. Executive Summary and Project Expenses:

Hackett Park is the central recreational space in the North Albany neighborhood, servicing a growing number of youth and families in the area. As basketball is quickly becoming the top sport of choice for our residents, this grant seeks to upgrade the basketball rims and backboards with tempered glass and new poles. Over the past few years, the City has made significant strides in upgrading and renovating the playground, including new ADA play structures, spray pad features, and removing overgrowth from the neighboring lots for clear sight lines. We believe that the continued revitalization of this valuable public space will attract a broader range of age groups while fostering accessibility and inclusivity. Your support will be instrumental in ensuring that Hackett Park Playground remains a safe and enjoyable place for all members of our community.

New Tempered Glass Backboards & Poles: Installing new backboards not only improves the look of the courts, but also reduces noise and increases functionality for players. In an effort to modernize our courts, the City of Albany has begun replacing our city's basketball courts with new tempered glass and rims. The cushioned 0.5-inch tempered glass includes regulation border and shooters squares fired into the glass for ease of use; built-in goal leveling features that ensure perfect rim leveling; and a durable design that can withstand players hanging on the rim. By fostering social bonds and promoting physical activity, the new rims will encourage friendly competition and community engagement, in addition to meeting tournament standards.

Pads & Parts: The purchase of the new rims would not include the safety pads and parts that are not included in the quote. These parts are imperative for the safety and protection of the equipment and most importantly our patrons.

Senior Fitness Equipment: Created for our age 55+ population, the Balance Board helps residents practice quick adjustments to horizontal ground movements, while the Assisted Step practices stepping up to make sure they can handle steps and stairs anywhere.

By supporting this grant, you will help revitalize Hackett Park Playground into an even more vibrant public space that will be cherished by the residents of Albany for years to come. Enhancing the courts playability will foster a stronger sense of well-being and belonging within the community. We eagerly anticipate your partnership in bringing this vision to life.

Budget:

Backboards, Nets & Poles:

4 GARED ARG Conv. Glass Backboards: \$ 1674.99 each

Freight: \$ 356.96

Total: \$ 7,056.92

Pads & Parts:

4 Wrap around Pole- 6 in BLK: \$ 199.99 each

Freight: \$ 143.99

Total: \$ 943.95

Senior Fitness Equipment:

Balance Board- Night Sky Blue In-ground: \$ 3,950.00

Assisted Step- Night Sky Blue In-ground: \$ 2,960.00

2 Safety Sign for FSW/FAZ US: \$ 5.44 each total: \$ 10.88

Freight: \$ 1,072.88

Total: \$ 7,993.76

III. Benefits Statement

City parks and fields play a vital role in the social, economic, physical, and mental well-being of Albany's residents. They attract new residents and provide current ones with essential recreational opportunities and green spaces, which are particularly valuable in a city where nearly 65% of the population rents their homes (per 2023 U.S. Census data). Improving Hackett Park Playground will have a positive impact in the following ways:

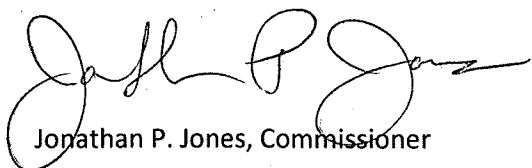
1. **Promoting Safety and Playability:** The installation of safety pads will ensure the courts remains safe and playable, protecting both players and passersby while encouraging physical activity for all ages and abilities.
2. **Fostering Social Bonds:** Enhancing the backboard and adding senior fitness equipment will encourage social interaction among the diverse members of Albany's community, including parents, friends, and families who come to support their loved ones.
3. **Enhancing Accessibility and Inclusivity:** By addressing safety concerns and improving the overall infrastructure, the court will become more accessible and welcoming, ensuring that individuals of all ages and abilities can enjoy the space.
4. **Improving Community Engagement:** The continued revitalization of Hackett Park will make it a more vibrant and attractive public space, fostering a sense of belonging and well-being among residents, and encouraging community participation in recreational activities.

IV. and V. Need for Assistance

Without funding from the county, this project simply cannot move forward. While Hackett Park Playground will remain a valuable community resource, we will miss the opportunity to significantly enhance its safety, accessibility, and overall appeal. The installation of tempered glass backboards, senior fitness equipment and safety pads are crucial improvements that will transform this space into a more vibrant and inclusive environment for Albany residents.

These upgrades are not just about maintaining a park—they're about elevating it into a space that contributes meaningfully to the quality of life in our city. By enhancing the playability and safety of the court, we ensure that residents of all ages and abilities can enjoy the park safely and comfortably. Unfortunately, we currently lack access to matching funds, making county support essential for realizing this vision. Your investment will not only ensure the continuation of this vital community resource but will also help us take the necessary steps to make Hackett Park Playground a cornerstone of social interaction, physical well-being, and community pride in Albany.

Very truly yours,



Jonathan P. Jones, Commissioner



AUDIT & FINANCE COMMITTEE
CHAIR

HEALTH COMMITTEE
MEMBER

HON. WANDA WILLINGHAM
DEPUTY CHAIRWOMAN | LEGISLATIVE DISTRICT 3
ALBANY COUNTY LEGISLATURE
PHONE: 518-221-9785
WANDA.WILLINGHAM@ALBANYCOUNTYNY.GOV

RULES REFORM & LEGISLATIVE
MODERNIZATION COMMITTEE
MEMBER

August 29, 2024

Commissioner Jonathan Jones
7 Hoffman Ave
Albany, NY 12209

Re: Hackett Park - 2024 Albany County Municipal Park Improvement Initiative Grant
Opportunity

To Whom It May Concern,

I write to lend my full support to the City of Albany's efforts regarding funding for the improvement and renovation of Hackett Park in the City of Albany.

The benefits of open, green spaces are numerous and include improved mental health and better physical health for residents, especially children. As a Member of the Albany County Legislature and a resident of the City of Albany, I know firsthand how important these spaces are and fully recognize the need for improved recreational spaces in our city.

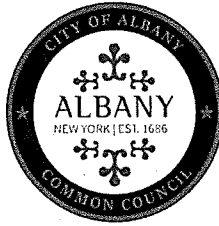
Hackett Park is critical to our community as it provides much-needed recreation space, as well as an environment for exercise and social gatherings. Investments of this kind will go a long way in ensuring that all neighborhoods are able to enjoy quality communal spaces.

I urge you to recognize the positive impact funding for Hackett Park will have and give this application your full consideration.

Sincerely,

Wanda Willingham
Deputy Chairwoman

Albany County Legislature



Council Member 4th Ward
President Pro Tempore
Kelly Kimbrough
80 Van Rensselaer Boulevard
Albany, New York 12204
Telephone: 518-250-9267
Fax: 518-684-0682
KELLYKIMBROUGH4@GMAIL.COM

CITY OF ALBANY
COMMON COUNCIL
CITY HALL – ROOM 206
ALBANY, NEW YORK 12207

Chair
Public Safety

Member
Housing and Community
Development
Council Operations and Ethics

August 29, 2024

Bakary Janneh
Commissioner
Albany County
Parks and Recreation
390 New Salem Road
Voorheesville, NY 12186

RE: Albany County Municipal Park Improvement Initiative Grant Opportunity

Dear Commissioner Janneh,

I am writing to express my full support for the City of Albany Recreation Department's application for a grant to enhance Shaker and Hackett parks. As a council member, I believe that these improvements will have a significant positive impact on our community.

The Albany County Municipal Park Improvement Initiative Grant Opportunity presents a unique chance for our city to revitalize these important public spaces. By investing in upgrades to Shaker and Hackett parks, we can create safe, welcoming environments for residents of all ages to enjoy. These improvements will not only enhance the quality of life for our community members but also promote physical activity, social interaction, and overall well-being.

Furthermore, the enhancements to these parks will attract more visitors, boosting local businesses and stimulating economic growth in the area. By creating vibrant, well-maintained recreational spaces, we can strengthen community ties and foster a sense of pride in our city.

I urge you to consider the City of Albany Recreation Department's application for the grant and support their efforts to make Shaker and Hackett parks even more inviting and accessible to all. Together, we can create a healthier, more vibrant community for generations to come.

Thank you for your attention to this matter.

Sincerely,

Kelly R. Kimbrough

The ageing segment is growing

By 2050 there will be the same number of old as children in the world

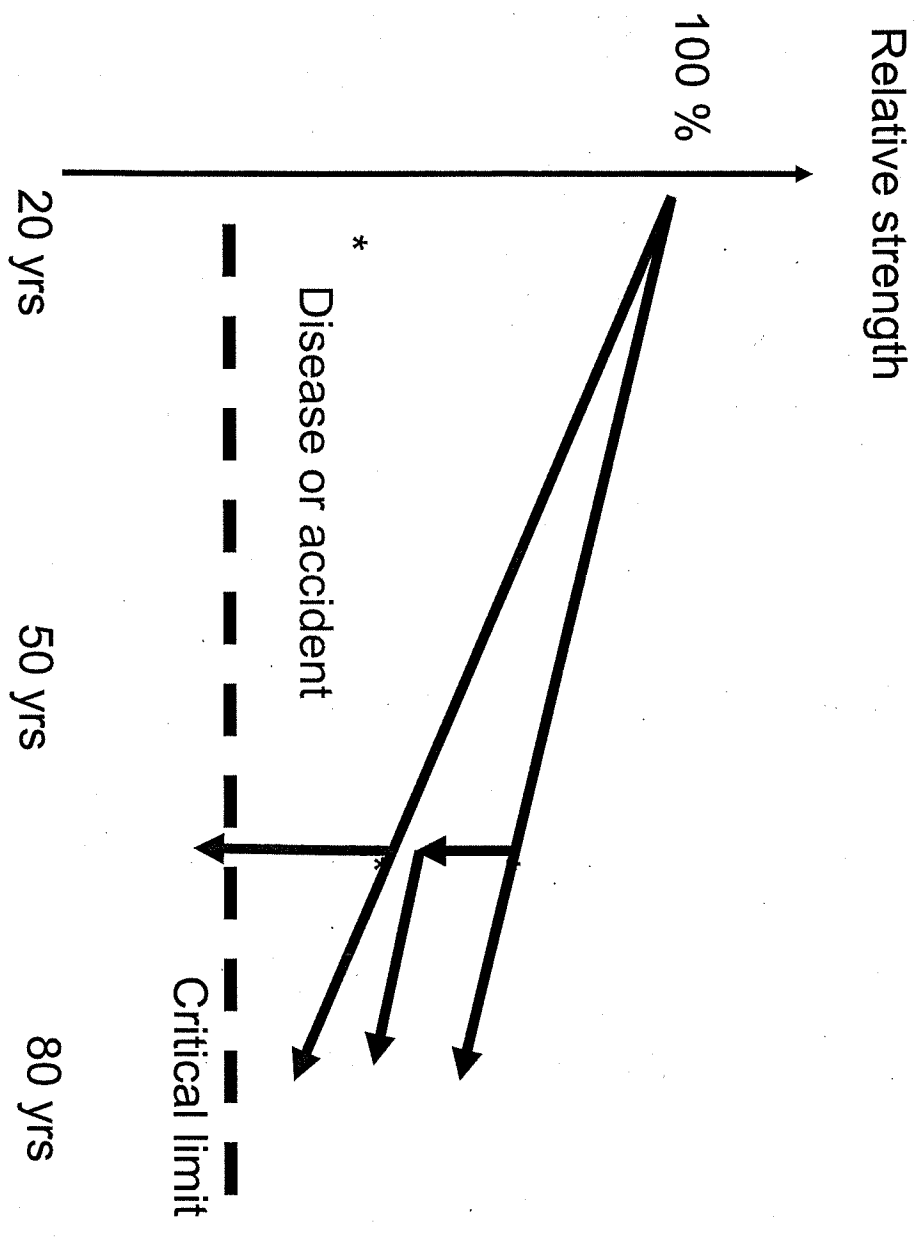
Science. 2014 Oct 31;346(6209):587-91. doi: 10.1126/science.1254405.

Economic and social implications of aging societies.

Harper S¹.

<https://www.ncbi.nlm.nih.gov/pubmed/25359967>

Stay Fit

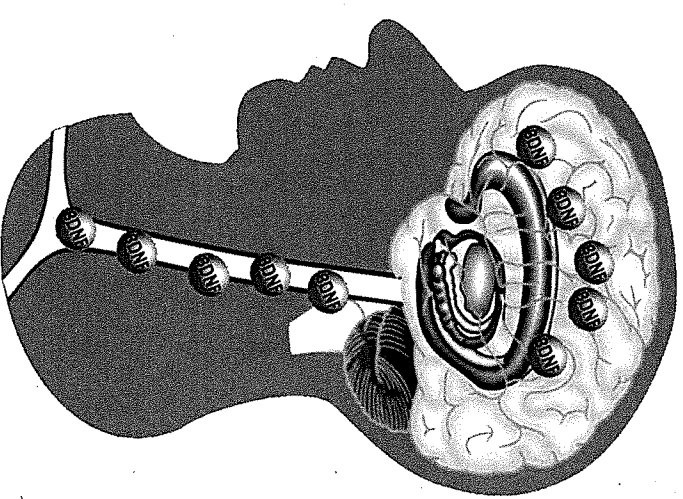
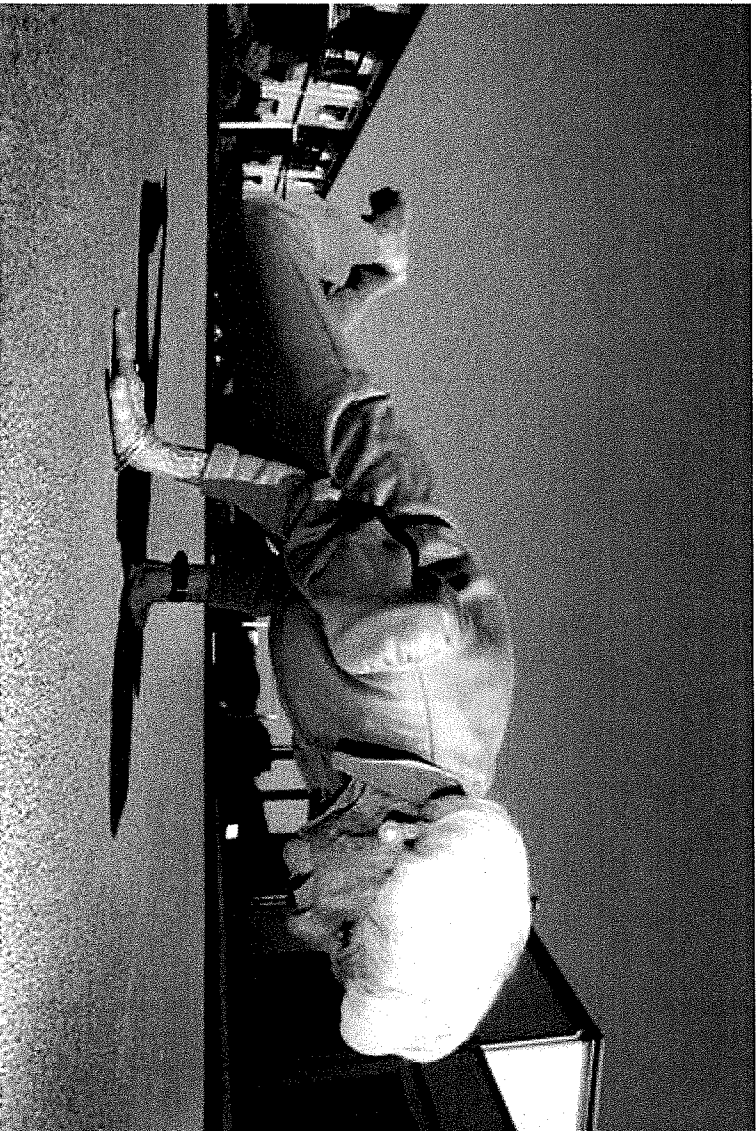


Misconceptions about strength exercises among older adults

- 48% of participants responding "no" to "strength training increases muscle mass"
- 37% responding that walking is more effective than lifting weights at building muscle strength



Meta-analyses demonstrate positive correlation between fitness and cognitive function in elderly



1. Angevaeren M, Aufdenkampe G, Verhaar HJ, Aleman A, Vanhees L (2008) Physical activity and enhanced fitness to improve cognitive function in older people without known cognitive impairment. *Cochrane Database Syst Rev* 3:CD005381.
2. Colcombe S, Kramer AF (2003) Fitness effects on the cognitive function of older adults: a meta-analytic study. *Psychol Sci* 14:125–130.
3. Ethier JL, Nowell PM, Landers DM, Sibley BA(2006) A meta-regression to examine the relationship between aerobic fitness and cognitive performance. *Brain Res Brain Res Rev* 52:119–130.
4. Ethier JL, et al.(1997) The influence of physical fitness and exercise upon cognitive functioning: A meta-analysis. *J Sport Exerc Psychol* 19:249–277.
5. Heyn P, Abreu BC, Ottenbacher KJ (2004) The effects of exercise training on elderly persons with cognitive impairment and dementia: A meta-analysis. *Arch Phys Med Rehabil* 85:1694–1704.

Activities must be fun

Social Science & Medicine 158 (2016) 14–23

Contents lists available at ScienceDirect

Social Science & Medicine

journal homepage: www.elsevier.com/locate/socscimed



ELSEVIER



Review article

The acceptability of physical activity interventions to older adults: A systematic review and meta-synthesis

Angela Devereux-Fitzgerald^a, Rachael Powell, Anne Dewhurst, David P. French

^a School of Psychological Sciences, University of Manchester, Compton 1 Building, Oxford Road, Manchester, M13 9PL, United Kingdom



“To increase engagement, interventions should focus on physical activity as a fun, sociable, achievable pastime for older adults with relevant short-term benefits.”

Stay Fit exercises are scientifically proven to be effective

Original Investigation

Effectiveness of a Fall Prevention Exercise Program on Falls Risk in Community-Dwelling Older Adults

Christian J. Thompson,¹ Taylor H. Holskey,² Sara Wallenrod,³ Sarah Simunovich,⁴ and Rodney Corn¹

“Conclusion: This 12-wk progressive multimodal exercise program was effective at reducing falls risk and may be adaptable to other settings.”

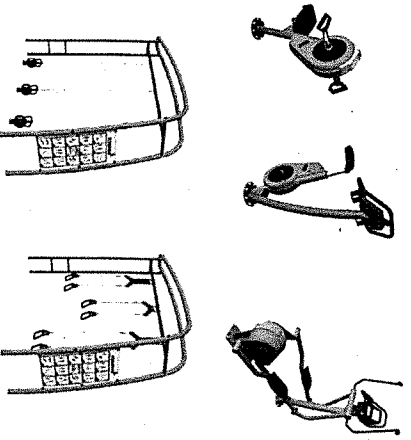
Healthy Ageing

Quality of Life:

Reduce disease and accidents
Increase functional capacity
Stimulate social engagement

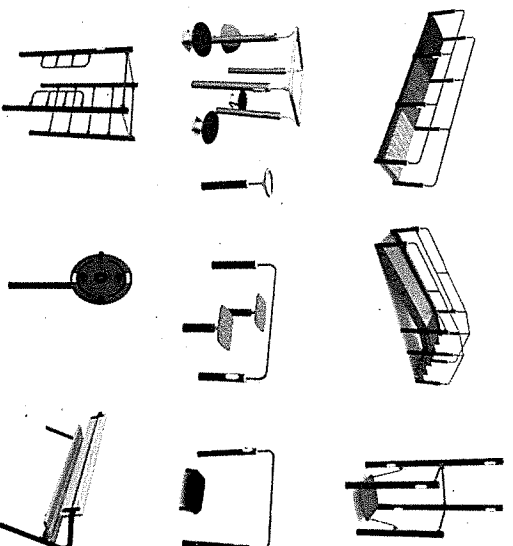
Lifestyle diseases

- ↕ Fit muscles
- ↕ Aerobic capacity
- ↕ Activity level

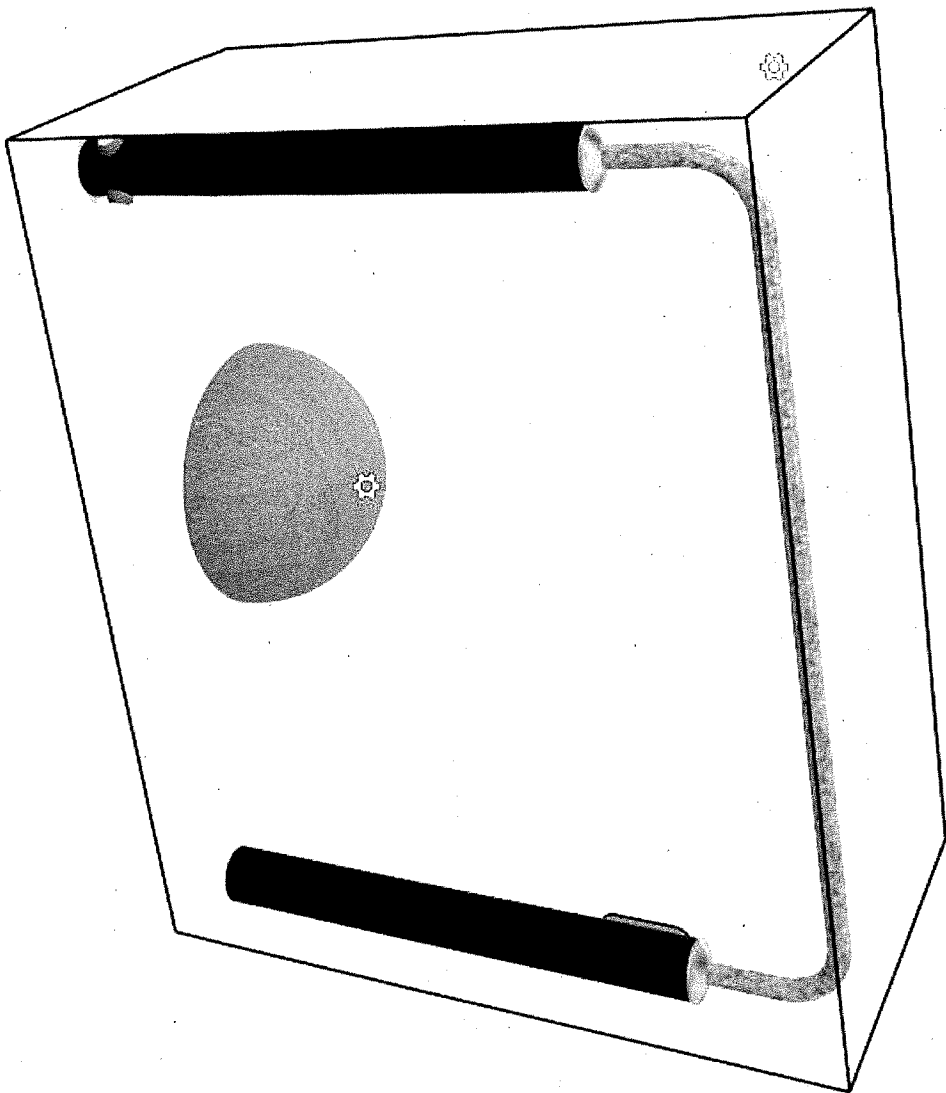


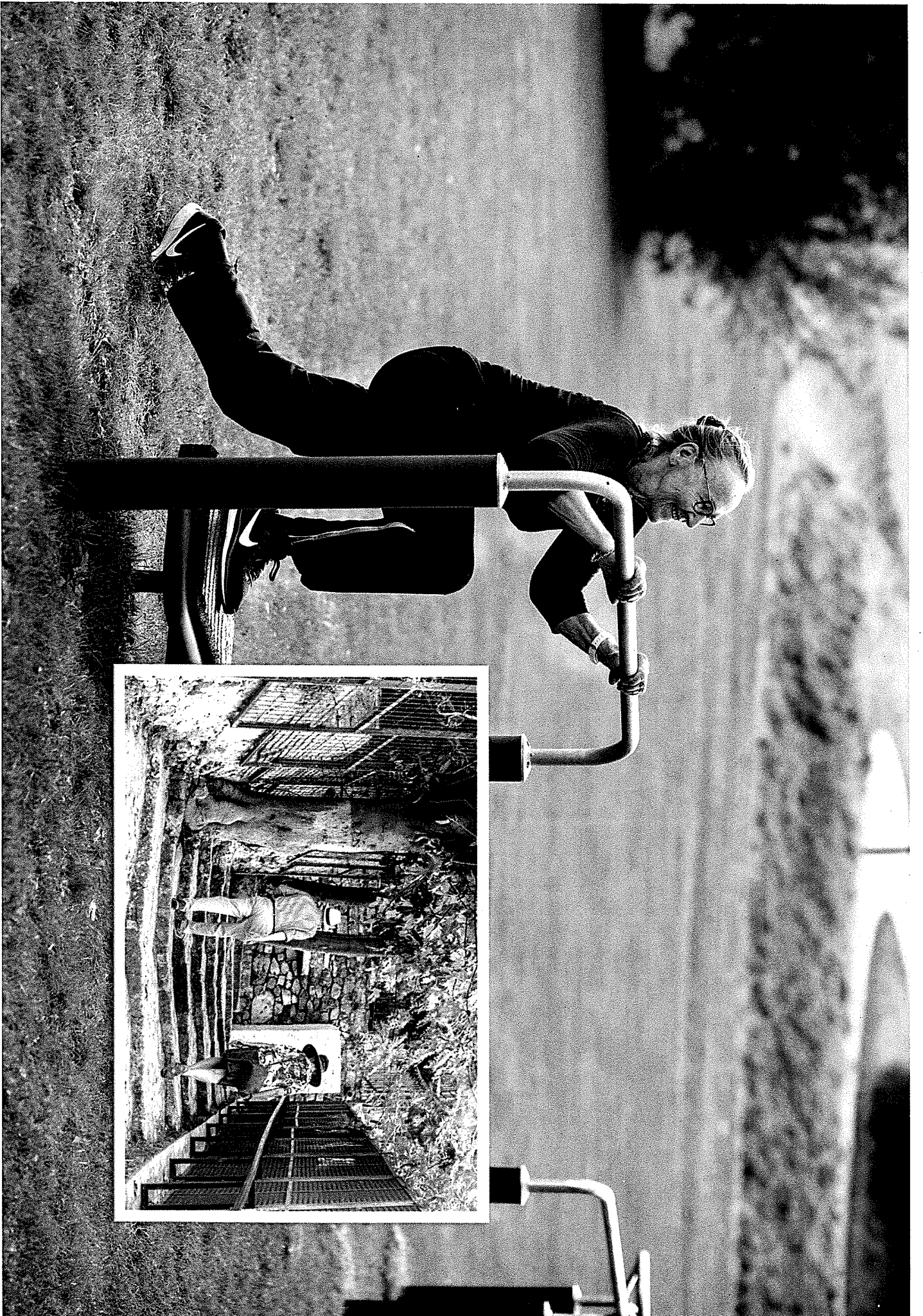
Fall prevention

- ↕ Muscle strength
- ↕ Balance
- ↕ Coordination

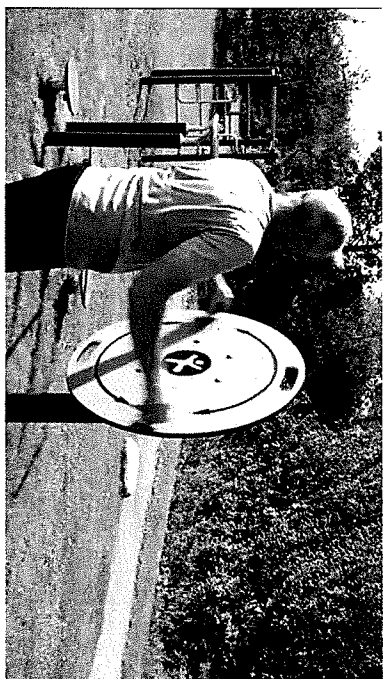
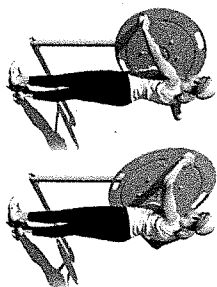
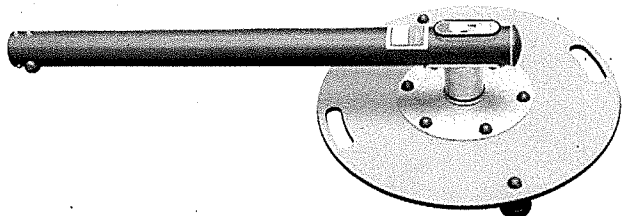
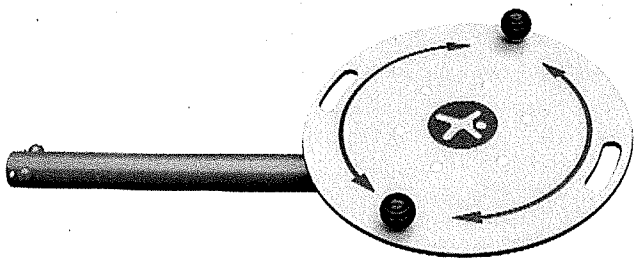


Assisted Step

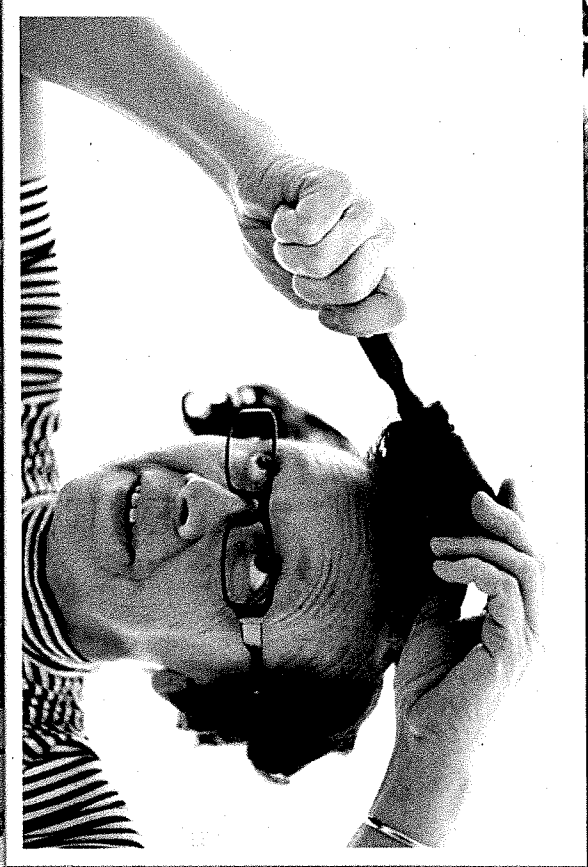
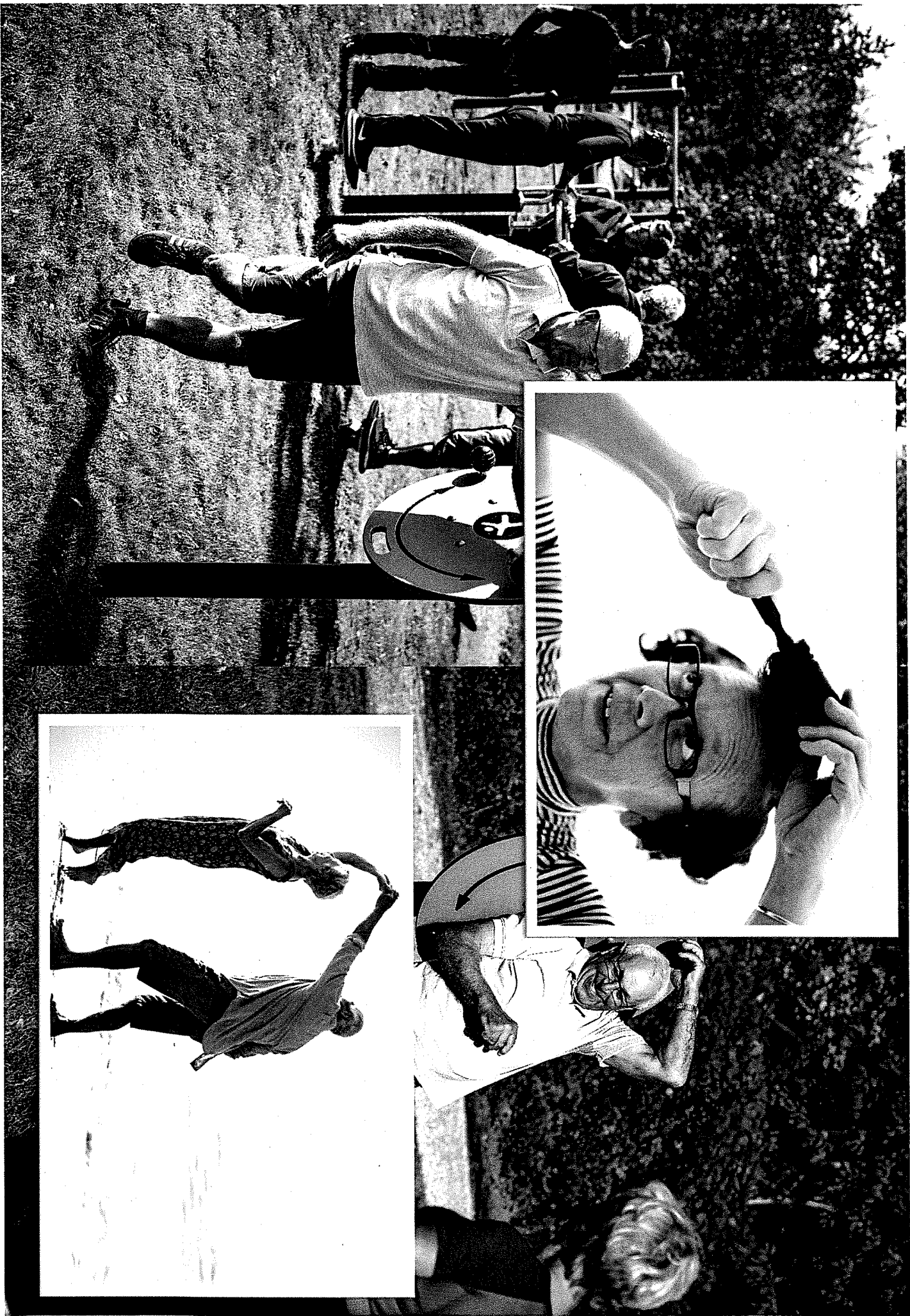




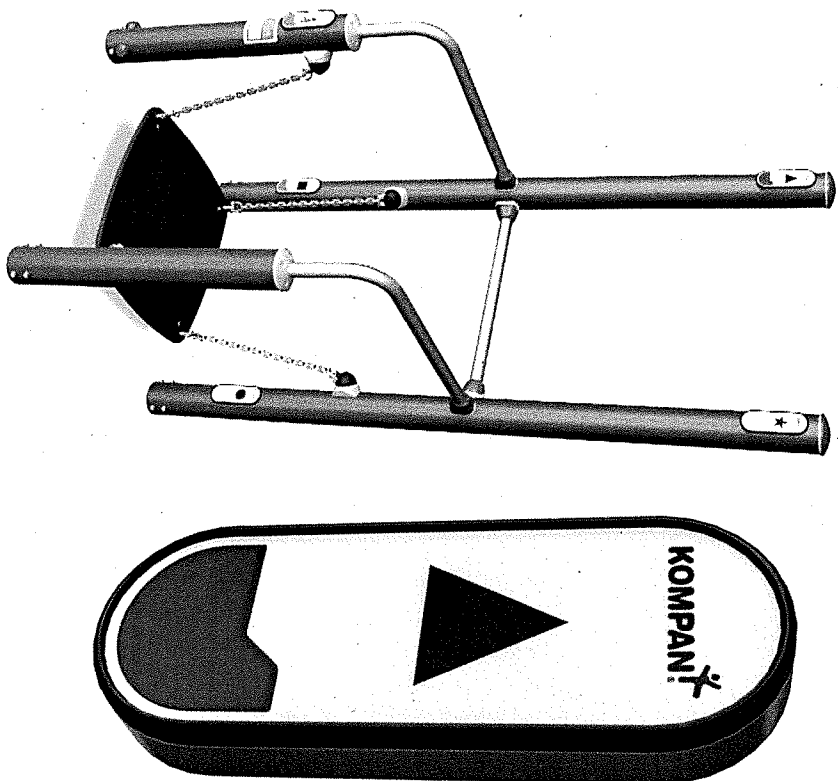
Flex wheel



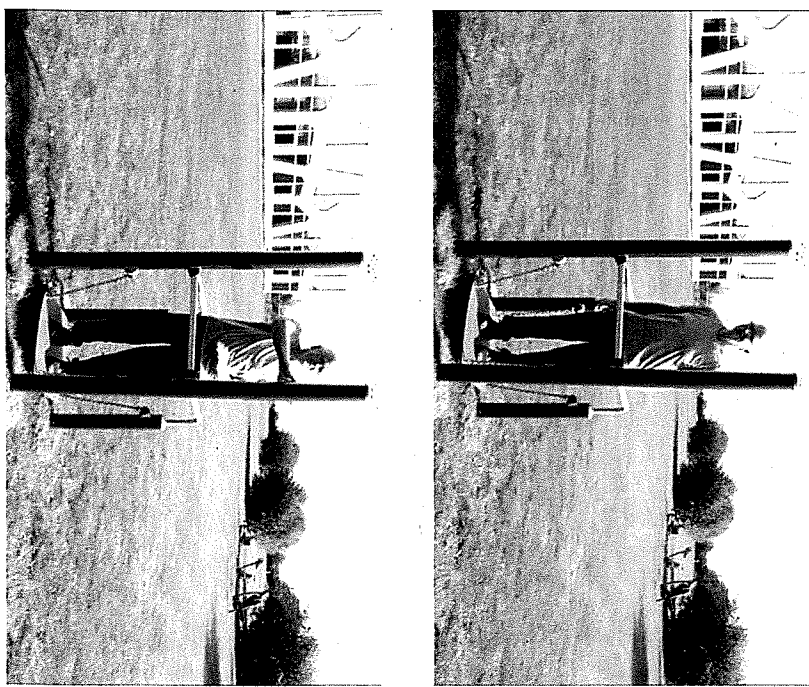
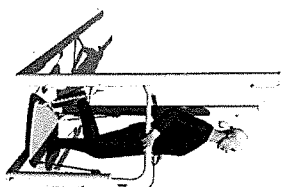
FSW226



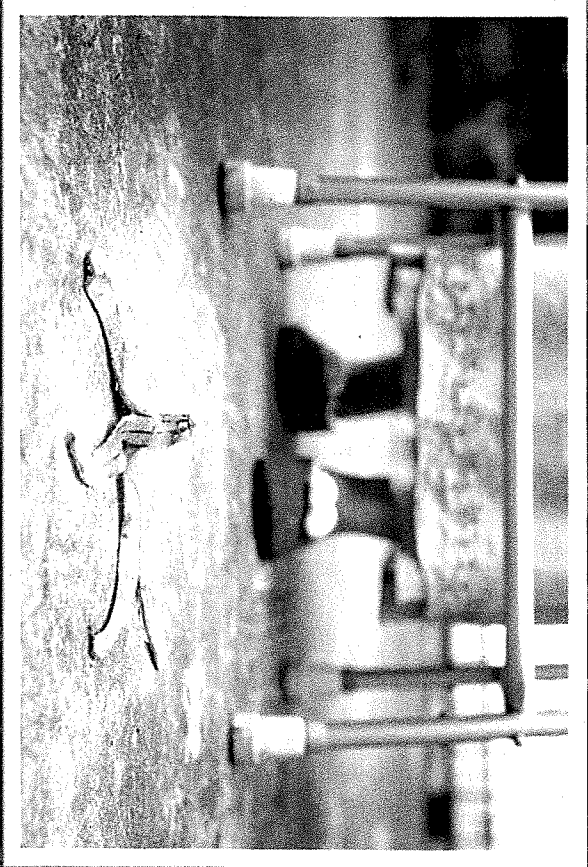
Balance Board



FSW/231



KOMPANI
Let's play





PO Box 841393
 Dallas TX, 75284-1393
 Tel: 1-800-527-7510 | Fax: 1-800-899-0149
 Visit us at www.bsnsports.com .

Contact your rep
 Dennis Bates Email: dpbates@bsnsports.com | Phone: 15183020488

Quote

Cart #: 120bb74b-9306-4756-ba32-bfb950aef5da
 Purchase Order #: Round Pole Pads - Hackett Park
 Cart Name: Basketball Pole Padding - Round Hackett Park
 Quote Date: 08/30/2024
 Quote Valid-To: 09/30/2024
 Payment Terms: NT30
 Ship Via:
 Ordered By: Mike Pakatar

Sold To
 1076335
 CITY OF ALBANY RECREATION ACCOUNTS
 PAYABLE
 7 HOFFMAN AVE
 ALBANY, NY 12209-2149

Ship To
 1076335
 CITY OF ALBANY RECREATION ACCOUNTS
 PAYABLE
 Alicia Crandall.
 7 HOFFMAN AVE
 ALBANY, NY 12209-2149

Payer
 1076335
 CITY OF ALBANY RECREATION ACCOUNTS
 PAYABLE
 7 HOFFMAN AVE
 ALBANY, NY 12209-2149

Item Description	Sizes	Qty	Unit Price	Total
Wrap Around Pole Pad - 6 in. BLK Item # - 1236217	--	4 EA	\$199.99/ea	\$799.96

Notes

2 in. foam construction protects players and children against potential injuries caused by running into hard poles Vinyl material resists ripping and tearing from heavy use on community playgrounds UV-resistant cover will not fade or weather in the sun, making it ideal for outdoor use Mitered corners make sure that the post's edge are not exposed to prevent athletes from getting hurt Fits on most 6 in. square poles to keep playgrounds and parks safe Specifications: Color: Black Color Family: Black Material: Foam, Vinyl Pad Thickness : 2 in. Pole Compatibility: 6 in. square poles Product Weight: 6 lb. Quantity: 1 Weather Resistant: Yes Fitted Pole Pads protect players from injury in park and playground environments • Made of 2" foam covered in UV-resistant vinyl for superior protection and long life • Features mitered corners to fit snug and securely on 6" square poles • Available in black only.

Subtotal: \$799.96
 Freight: \$143.99
 Sales Tax: \$0.00
Quote Total: \$943.95



PO Box 841393
 Dallas, TX 75284-1393
 Phone: 800-527-7510 Fax: 800-899-0149
 Visit us at www.bsnsports.com

Quote	
Cart #:	12126156
Purchase Order #:	Backboards
Cart Name:	Backboards
Quote Date:	08/29/2024
Quote Valid-to:	09/26/2024
Payment Terms:	NT30
Ship Via:	
Ordered By:	Alicia Crandall

Contact Your Rep
 Dan McGraw Email: dmcgraw@bsnsports.com | Phone: 607-435-4818

Sold to
 1076335
 CITY OF ALBANY RECREATION
 ACCOUNTS PAYABLE
 7 HOFFMAN AVE
 ALBANY NY 12209-2149

Ship To
 1076335
 CITY OF ALBANY RECREATION
 Alicia Crandall
 ACCOUNTS PAYABLE
 7 HOFFMAN AVE
 ALBANY NY 12209-2149

Payer
 1076335
 CITY OF ALBANY RECREATION
 ACCOUNTS PAYABLE
 7 HOFFMAN AVE
 ALBANY NY 12209-2149

Item Description	Qty	Unit Price	Total
GARED ARG CONV GLASS BACKBOARD Item # - 1237436	4 EA	\$ 1,674.99	\$ 6,699.96

Subtotal:	\$6,699.96
Other:	\$0.00
Freight:	\$356.96
Sales Tax:	\$0.00
Order Total:	\$7,056.92
Payment/Credit Applied:	\$0.00
Order Total:	\$7,056.92



Sales Proposal

City of Albany - Parts Account
Department of Recreation
Alicia Crandall
7 Hoffman Ave
Albany, NY 12209

Quote No. SP141243-2
Customer No. C115270
Document Date 08/30/2024
Expiration Date 10/29/2024

Sales Representative Brie Martinez
Email BriBus@Kompan.com
Phone No. 315-592-1404 / 800-426-9788

Project Name US320497 City Of Albany Balance Board & Step

No.	Description	Qty	Unit	Unit Price	Net Price
<u>FSW23100-0902</u>	Balance Board - Night Sky Blue In-ground 90cm	1	Pieces	3,950.00	3,950.00
					
<u>FSW22200-0902</u>	Assisted Step - Night Sky Blue In-ground 90cm	1	Pieces	2,960.00	2,960.00
					
A380544-99	SAFETY SIGN FOR FSW/FAZ US	2	Pieces	5.44	10.88
FREIGHT	Freight	1	Pieces	1,072.88	1,072.88

Description	Qty	Net Price
No. of Products	4	
Subtotal - Products		6,920.88
Subtotal - Freight		1,072.88
Total USD Excl. Tax		7,993.76

Payment Terms Net 30 days



Sales Proposal

City of Albany - Parts Account
Department of Recreation
Alicia Crandall
7 Hoffman Ave
Albany, NY 12209

Quote No. SP141243-2
Customer No. C115270
Document Date 08/30/2024
Expiration Date 10/29/2024

Sales Representative Brie Martinez
Email BriBus@Kompan.com
Phone No. 315-592-1404 / 800-426-9788

Project Name US320497 City Of Albany Balance Board & Step

Note that the color and texture of products and surfacing made with recycled content are subjected by the differences from the used recycled raw materials. Therefore, minor differences in the appearance and texture can occur.
Applicable sales tax will be added unless a valid tax exemption certificate is provided. This amount is only an estimate of your tax liability. Your acceptance of this proposal constitutes a valid order request and includes acceptance of terms and conditions contained within this Master Agreement, which is hereby acknowledged.
Acceptance of this proposal from KOMPAN is acknowledged by issuance of an order confirmation by an authorized KOMPAN representative. Prices in this quotation are good until expiration date, shown in the top of this document. After that date, this proposal may be withdrawn. Prevailing Wage and Payment & Performance Bonds are not included unless stated in body of Sales Proposal. If Payment & Performance Bonds are needed, add 2.2% of the entire sales proposal.

This information required for order placement:

Accepted By (Please Print): _____
Accepted By (Title): _____
Accepted By (signature): _____
Date: _____

Date Equipment needed on site: _____

Bill To: _____	Ship To: _____
Address: _____	Address: _____
City, State, Zip: _____	City, State, Zip: _____
Contact: _____	Contact: _____
Contact Email: _____	Contact Email: _____
Contact Phone (Office): _____	Contact Phone (Office): _____
	Contact Phone (Cell): _____

SALES TAX EXEMPTION CERTIFICATE #: _____
(PLEASE PROVIDE A COPY OF CERTIFICATE)