



Grant Project Name*

Albany County Functional Family Therapy- Therapeutic Case Management (FFT-TCM)
Mother Cabrini Health Foundation Grant (Awarded 12/19)

Brief description of Grant Purpose*

Provide FFT-TCM in Albany County, an evidence-based casework practice model that has been proven to improve outcomes for youth.

Total Program/Project Budget*

\$500,000.00

Nature of project to be funded*

Human Services

Cabrini Foundation Target Populations*

Youth and young adults

Target Age Ranges*

Children (4-11)

Youth (12-24)

Geography of population to be served by proposed program/project*

County-specific

Counties*

Albany

Brief history of the organization*

Cayuga Centers has a long history of serving youth and families throughout the State of New York. Founded as an orphanage, Cayuga Centers (formerly Cayuga Home for Children) began serving youth and families in 1852. In the 1950's Cayuga Centers shifted away from being an orphanage and began operating as a Residential Treatment Center. However this would not be the only shift in services Cayuga Centers would make. In 1991, a new Family Preservation Program expanded services to children and families within the community. Since the beginning of the Family Preservation Program, services have expanded to include nationally validated and evidence-based programs such as FFT, Multisystemic Therapy (MST), Treatment Family Foster Care (TFFC) and SafeCare.

Each of our programs continue to evolve with cultural and societal changes and are designed to reflect the unique needs of those we serve. Today, the agency continues to be a sector leader in the provision of evidence-based, intensive family therapies. Where we once served orphaned or abandoned children, we now work with at-risk youth and their families through a variety of interventions across multiple states. This includes the agency's TFFC program, which now spans from Central New York to New York City, Delaware and Florida. Today, we also provide